



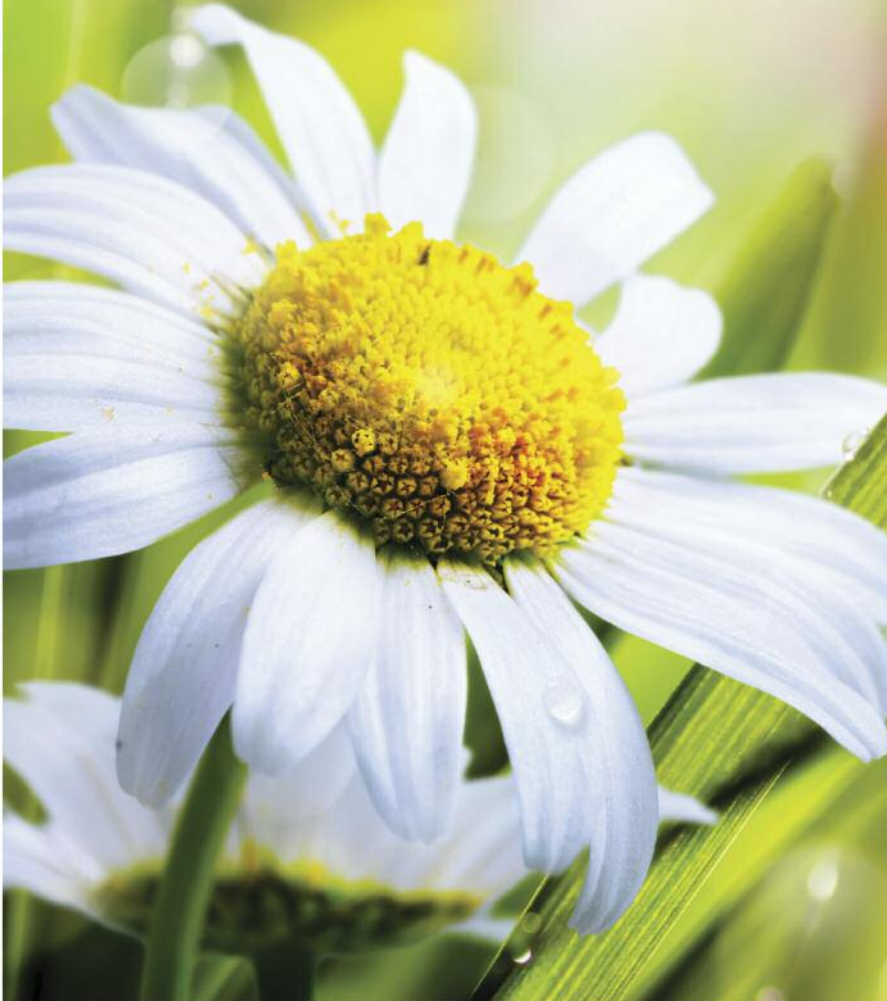
# PREVENTION *Connection*

2023 • Issue 3

A quarterly newsletter by The Alliance for Healthy Communities

*"When the sun is shining, I can do anything; no mountain is too high, no trouble too difficult to overcome."*

*- Wilma Rudolph*



**ANNUAL** **STAND** ABOVE THE INFLUENCE

## YOUTH PANEL DISCUSSION

Come join us to hear from youth advocates on the most pressing issues they face today.

**July 25, 2023**  
**10AM - 12PM**  
**PHSC- Porter Campus**  
 2727 Mansfield Blv, Wesley Chapel, FL 33543

Join us at our monthly Pasco ASAP General Coalition Meeting as we hear youth discuss important topics like substance use, bullying, mental health, etc

**This event is IN PERSON ONLY**




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United Way of Pasco County





# Hello prevention champions!

As you peruse our Prevention Connection Newsletter this quarter, you'll see all of the exciting things we have accomplished. Make sure to check out our upcoming events for details on how you can get involved with our initiatives.

This quarter, once again, we have had a heavy media presence! Several of our board members and coalition members have represented ASAP in traditional media campaigns on WFLA, Bloom, TODO and Today media stations. Thank you to Board Members Dr. Eddie Williams and Cesar Rodriguez as well as ASAP Coalition Members Dr. Michael Jones, and George Wilkins. Your dedication to preventing addiction in Pasco County is appreciated!

As always, our boots on the ground committees have been hard at work this quarter! Our Third Pedal for Prevention Event at Starkey Park had the most participation yet, with 150 participants. Our Cultural Competence Committee held their first Town Hall Event with Keynote Speaker Meriel Martinez. The Opioid/RX Committee held their Third Annual Opioid Town Hall event in June with a screening of "Tipping the Pain Scale" a feature documentary film following individuals grappling with the current systemic failures of how we have dealt with addiction in communities and their journey to develop and employ new, innovative, and often controversial solutions to the problem. Afterwards, they held a community leader panel discussion. Our Substance Exposed Newborn Committee held their annual SEN Resource Fair in June and announced that they were awarded a \$10,000 grant from AHEC! Congratulations! In addition, our STAND Youth held their annual Youth Summit at Pasco Hernando State College, with over 60 youth present for this day of advocacy training and team building. What a quarter for

events! Thank you to all of our committees for your hard work on these events.

This quarter's upcoming events plan to be just as promising. Our Recovery Committee is hard at work on their Third Annual Walk for Recovery, which is scheduled for September 23rd at Simms Park. The Alcohol Initiatives Committee is planning their first Town Hall Event. Last, but certainly not least, we are hosting our annual NOPE Candlelight Vigil on Thursday, October 26th.

If you would like to honor your loved one at this event, please email Missy.Coyle@baycare.org with photos.

This quarter, we have also been hard at work on expanding our Jason Daniel Hughes Memorial Scholarship Campaign, which provides up to a month of safe, supportive transitional living for those seeking long term recovery. This scholarship is in honor of our esteemed, long-term Board Member Kelly Mothershead, who lost her son Jason to overdose in 2011. If you would like to donate to this campaign, you can do so by visiting: <https://donate.onecause.com/jasondanielhughesfund>

All proceeds go directly to housing another person seeking recovery when all other resources are exhausted.

Check out page 4 for all our committee updates and how you can get involved.

As always, we want to thank you, our readers, volunteers, coalition members and supporters. You continue to make a difference in Pasco.

*With Gratitude,*  
Chrissie Parris, AHC President and  
Kellie Rodriguez, ASAP Coordinator

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## Thank You to Our 2023 AHC Board of Directors

**Chrissie Parris, President**  
*BayCare Behavioral Health*

**Joseph Resnick**  
*Premier HealthCare Group*

**Kelly Mothershead, Vice President**  
*Keller Williams Realty & New Port Richey City Council*

**Captain Toni Roach**  
*Pasco Sheriff's Office*

**Colleen Beaudoin, Treasurer**  
*Pasco County School Board*

**Art Rowand, Founding Board Member**  
*Retired Law Enforcement Officer*

**Billy Major, Secretary**  
*Pasco Sheriff's Office*

**Cesar Rodriguez**  
*Recovery Community*

**Melissa Fuller**  
*Department of Juvenile Justice*

**Tracey Kaly, Founding Board Member**  
*BayCare Behavioral Health*

**Mike Wells**  
*Property Appraiser*

**Mike Napier**  
*Pasco County Department of Health*

**Dr. Eddie Williams**  
*Pasco Hernando State College*



Alliance for Substance Addiction Prevention

**Pasco ASAP uses local data to direct our prevention programs**

**ASAP 2023 PRIORITY ISSUES**

- Youth Drug Use
- Underage Drinking
- Opioid Use, Misuse and Addiction
- Rates of Substance Exposed Newborns
- Impaired Driving
- Intravenous Drug Use
- Tobacco Use

**ASAP MISSION**

To coordinate community efforts to reduce county-wide risk factors for addiction, thereby preventing and decreasing substance use in a comprehensive and long-term manner that primarily impacts the youth in the community.

**ASAP CONTACT INFORMATION**

ASAP@empoweredcommunities.org  
7809 Massachusetts Ave. • New Port Richey FL 34653  
727.315.8658  
www.empoweredcommunities.org

**JULY ASAP MEETING IN PERSON!**

**STAND Panel**

Tuesday, July 25th  
10:00 am to 12:00 pm  
PHSC Porter Campus  
2727 Mansfield Boulevard  
Wesley Chapel, Florida 33543



**ASAP MEETINGS ARE ON zoom**

**ALCOHOL INITIATIVES**

First Monday of every month • 4:30pm • Meeting ID: 844 2750 9059 Password: 207615

**CULTURAL COMPETENCE**

Quarterly starting Tuesday, January 17, 2023 • From then on: 3rd Monday of the month • 3:30pm  
Meeting ID: 815 1525 0641 Password: 883088

**GENERAL COALITION**

Fourth Tuesday of every month • 10:00am • Meeting ID: 894 8050 6106 Password: 399526  
April: In person • May and June 2023: Virtual

**OPIOID / RX**

First Tuesday of every month • 3:00pm • Meeting ID: 834 6615 6874 Password: 344143

**HEALTHY PASCO COLLABORATIVE**

First Tuesday of every month • 10:00am • Meeting ID: 233 060 736 792 Password: Tiaqje

**RECOVERY**

Fourth Monday of every month • 5:00pm • Meeting ID: 826 7025 4538 Password: 451180

**SUBSTANCE EXPOSED NEWBORN**

Second Wednesday of every month • 10:00am • Meeting ID: 828 6547 9166 Password: 061677

**See Committee Updates on Page 4**



# ASAP Committee Updates

## Alcohol Initiatives Committee and Tobacco Free Partnership

Summer is upon us, the time we usually enjoy beaches and barbecues. It also means youth are out of school and we continue our focus on reducing underage access. Our ads, produced by BeSeenPro, continue to be shown in multiple venues in the county. The ads have provided the ability to stress the importance of reducing underage access to a larger audience. In addition, using the data collected during our environmental scans, we are continuing our goal to develop strategies to adequately address how alcohol is displayed and advertised in retail stores. We are also in the beginning stages of planning our first townhall. The Tobacco Partnership is continuing its work on smoke-free parks and beaches. The partnership has a goal to select parks on the east and west side of the county as pilot locations. Alcohol Initiatives Committee meets the first Monday of the month at 4:30 PM via zoom. There is no July meeting to allow our coalition members the opportunity to enjoy the Fourth of July with their families. AIC meets the first Monday of the month, meetings to resume in August and September.

## Cultural Competence Committee

The Cultural Competence Committee was proud to host its first town hall. The presenter was Meriel Martinez, program Director, Nonprofit Leadership Center. The title, "Leading Inclusive Teams", provided participants the opportunity to not only understand their individual uniqueness, but also the understanding of the uniqueness of others. The committee plans to build on the information presented at the town hall. Please see the article on the town hall in this newsletter. Cultural Competence Committee meets quarterly (January, April, July and October) at 3:30 PM via zoom on the third Monday of the month.

## Healthy Pasco Collaborative Meeting

This is a brand new coalition in partnership with the Pasco Department of Health, the meeting occurs every other month with the next meeting on August 10th, 10:00 am – 11:00 am at Summit Building, 7509 State Road 52, Hudson, FL 34667. The group is working on a Parks and Trails map of the County, Recipe Cards for Healthy Eating and more. Please reach out to Tatiyana Badal at 727-619-0279 or email: Tatiyana.Badal@flhealth.gov for more information.

## Recovery Committee

The Recovery Committee has been very busy sharing resources and discussing recovery-related issues. We meet the fourth Monday of the month at 5:00 pm on zoom, the zoom address is on page 3. Our 3rd annual Stronger Together Recovery Walk is scheduled for Saturday, September 23, 2023 from 10 am to 1 pm in Sims Park, downtown New Port Richey. This year we are working with Recovery Epicenter on International Overdose Awareness Day 8/31/23. You do not have to be in recovery to attend our meeting, all are welcome. Please email [Eve.Hosley@Baycare.org](mailto:Eve.Hosley@Baycare.org) for information.

## RX / Opioid Committee

ASAP's Opioid Committee has had a busy quarter! Our Narcan QR code campaign has had over 300 scans, reaching Pasco County and beyond. Our DOSC campaign is still going strong with over 7,000 bags in the community. We also had our 3rd annual Town Hall, which was a viewing of "Tipping the Pain Scale" we had over 100 registered, and about 80 in attendance. In the next quarter, the Committee is looking forward to building on our current campaigns and begin implementing a grief resource guide based on feedback from the Town Hall. We are also beginning formal Overdose Fatality Reviews in partnership with the Sheriff's Office and Pasco County. This will take place during the last half hour of our monthly meetings. The Opioid Committee is also looking for an additional co-chair! If you are interested, please reach out to: [Parnia.roghani@baycare.org](mailto:Parnia.roghani@baycare.org)

## SEN Committee

The SEN Committee works on initiatives to help support families with substance exposed newborns as well as prevention efforts. We meet the 2nd Wednesday of every month on Zoom, you can find the address on page 3. For more information contact Missy via email at [Missy.Coyle@BayCare.org](mailto:Missy.Coyle@BayCare.org).

### Presenters Wanted!

*Does your agency have something to share with the ASAP Coalition? We are looking for presenters for our monthly meetings.*

*Please email: [asap@empoweredcommunities.org](mailto:asap@empoweredcommunities.org) for more information.*

**Thank you!**

## Cultural Competence Townhall

By Bonni Snider

On May 22, at the Pasco Hernando State College, New Port Richey, the Cultural Competence Committee hosted its first town hall, presented by Meriel Martinez of the Nonprofit Leadership Center. NLC of Tampa Bay believes the work of nonprofits drives positive societal change, believes knowledge gained and shared collectively fosters leadership and develops and connects nonprofit leaders to strengthen organizations and our community. Community and coalition members were presented with information that included an understanding of social identities; defined diversity, equity and inclusion; and included five strategies. The first strategy focused on emphasis of the business case for diversity and inclusion. This included attracting and retaining top talent, creativity and problem solving, client satisfaction and bottom line. The second strategy focused on the recognition of bias to include who are the decision makers, are they aware of their biases, and identification of the strategies and tools in place to address bias and advance equity. The third strategy, practice inclusive leadership, included creating a safe environment for all, engaging dissimilar views and styles, modeling healthy debate and prioritizing authenticity over conformity. Strategy four, providing sponsorship programs, included looking beyond mentorship, long-term support and advocacy. The goal is satisfactory career progression. The fifth strategy included holding leaders accountable, inclusion as a core value, setting specific and realistic goals, measuring progress cyclically and studying setbacks and celebrating success. The information was taken from the power point information provided by Ms. Martinez. The Cultural Competence Committee plans to continue the momentum and build on the information presented at the town hall.



## SEN Fair!

SEN held their 4th Annual Health Fair on June 14, 2023, at Pasco Hernando State College. Many community partners came out to share and provide resources to pregnant women, individuals in the childbearing years, and their supporters. Thank you to every one of our community partners that assisted in making this another successful event.

SEN has been awarded a AHEC grant and will be working on a project to build education and knowledge for our community. This project aims to normalize the process of recovery by implementing the #EndStigmaASAP campaign, specifically focusing on parents of substance exposed newborns. In addition to the campaign, education and resources will be provided to parents of substance exposed newborns and their families promoting prevention and recovery. Additionally, the SEN Committee works on initiatives to help support families with substance exposed newborns, as well as prevention efforts. We meet the 2nd Wednesday of every month on Zoom. For more information on the committee meetings, contact Missy via email at [Missy.Coyle@BayCare.org](mailto:Missy.Coyle@BayCare.org)





## Opioid Townhall

On June 14, 2023, ASAP's Rx Committee meeting hosted its annual town hall event at the Starkey Ranch Cultural Center. The event included a small vendor fair before the event began, a showing of the documentary, "Tipping the Pain Scale", and a panel of professionals in the community that are working against the opioid epidemic, including Justin McPadden, The Hope Shot; Sonya Bufe, BayCare Behavioral Health; Marina D'Amato, Florida Department of Health; Will Atkinson, Recovery Epicenter; Capt. Toni Roach, Pasco Sheriff's Office; Eric Munroe, Pasco County Fire and Rescue, and Dr. Eddie Williams, PHSC (from left to right in panel photo). The event was emceed by Kiley McGivern, ABC Action News. At the end, the community members had the opportunity to engage and ask questions of the panel members, leading to great discussion, bringing everyone to the table to discuss the problem that affects all of us. There were more than 100 attendees and we look forward to hosting the next town hall! Thank you to our sponsors, the planning committee, and the panel speakers.



## DEA Takeback Event

ASAP was pleased to join with pasco Sheriff's Office to assist with the DEA Takeback event on April 22, 2023. We hosted a table and handed out Medication Disposal Bags (Deterra Bags) and also information on medication safety. The above photo was taken at the drive through event held at the Hudson Wal Mart and the photo at right was taken at the Tampa Outlet Mall in Wesley Chapel.



## Thank You, Rotary Club

Thank you to the Rotary Club of Holiday for your generous donation to our Jason Daniel Hughes Scholarship fund in honor of our board member Kelly Mothershead's son who passed from an overdose. The funds raised go directly to assist with FARR accredited sober living for those seeking recovery.

# UPCOMING EVENTS

## 3rd Annual Stronger Together Recovery Walk 2023



Photos from  
the 2nd Annual  
Recovery Walk

More than 88,000 Americans die each year due to alcohol use disorder, and 70,000 die due to drug overdoses, according to the National Institutes of Alcohol Abuse and Alcoholism and the National Institute on Drug Abuse. Less than 10 percent of the 20 million Americans with substance use disorder get the help they need.

Shine the light on the amazing possibility of a second chance at life through recovery! Please join us on September 23, 2023, from 10 am to 1 pm at Sims Park, 5547 Main Street, New Port Richey, FL 34652, for our 3rd Annual event in honor of National Recovery Month: Stronger Together Recovery Walk 2023. This FREE event features vendor tables, family resources,

and raffle baskets. The first 200 attendees will receive a FREE T-shirt.

Each year the event gets better and better, offering more vendors, more speakers, more collaboration from community partners and families. National Recovery Month is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible. If you would like to host a table at this event or be an event sponsor, please reach out to [Eve.Hosley@Baycare.org](mailto:Eve.Hosley@Baycare.org).

*We want you, we need you, we love you!*

## UPCOMING ACTIVITIES

# Save the Date

Mark your calendars for NOPE 2023 Candle Vigil

Thursday, October 26, 2023 • 5:00pm - 8:00pm • PHSC West Campus Auditorium

### No More Human Trafficking Awareness Event at Grace Family Church



Paul Friedlander and Makayla Damato representing the Pasco County Commission on Human Trafficking at the *For Sale: Uncovering the Reality of Human Trafficking* event put on by the No More Foundation at Grace Family Church.

**TO GET TO  
ALCOHOL**

**TEENS HAVE  
TO GET**

**THROUGH  
US**

**Pasco  
ASAP** Alliance for  
Substance  
Addiction  
Prevention

Powered by Alliance for Healthy Communities



# UPCOMING ACTIVITIES

## JASON DANIEL HUGHES *Memorial Scholarship*

Transitional living assistance for those seeking recovery from addiction  
*Scholarship in honor of board member Kelly Mothershead's son who lost his struggle with addiction.*

HELP US REDUCE BARRIERS TO PERSONS SEEKING LONG-TERM RECOVERY BY PROVIDING ASSISTANCE AND ACCESS TO TRANSITIONAL LIVING TO IMPROVE OUTCOMES.

*\*Funds will assist with transitional living costs*



## Thank you for *making a difference!*

If you would like to donate to this campaign, you can do so by visiting:  
<https://donate.onecause.com/jasondanielhughesfund>

SAVE A LIFE

## STOP AN OVERDOSE WITH NARCAN



SCAN THE QR CODE TO REQUEST A NALOXONE KIT.

**FREE OF CHARGE. NO QUESTIONS ASKED.**

#NOTONEMORELIFE



Powered by Alliance for Healthy Communities

## KNOWLEDGE IS POWER!



### Free Virtual Groups Wednesdays from

### 1:00pm - 2:00pm

Topics Such As:  
**Marijuana and Pregnancy  
Resource Correction  
Relationship Skills and More**

**Please register on EventBrite:**

<https://www.eventbrite.com/e/knowledge-is-power-converse-with-nurse-free-virtual-group-for-families-tickets-153672513625>

**Email: [Missy.Coyle@Baycare.org](mailto:Missy.Coyle@Baycare.org)**





STOP Human Trafficking

Pasco County Commission on Human Trafficking

# Ways That You Can Help End Human Trafficking



Learn red flags & indicators



Use your skills to give back



Observe and report



Advocate for victims & survivors



Spread the word



Tell your friends: "Demand drives exploitation"



Volunteer locally



Learn more: Go to [polarisproject.org](http://polarisproject.org)



Take a training



Host an anti-trafficking event



Stay informed about the issue

Shop Free Trade Certified Goods. For a list, please visit [fairtradecertified.org/](http://fairtradecertified.org/). Look for goods with these symbols.



To report a tip, contact the National Human Trafficking Hotline: 1-888-373-7888



## COALITION METRICS

2023	Q1	Q2	Q3	Q4	TOTALS YTD
Community Events Tabled	6	13			19
Social Media Impact	8,568	65,601			74,169
Individuals Educated through News/Traditional Media		2.5 Million ABC 1.1 Million CW44 1.9 Million WFLA			2.5 Million ABC 1.1 Million CW44 1.9 Million WFLA
SEN Knowledge Is Power Virtual Group attendees	60	38			98
Medication Timer Caps Dist.	35	27			62
Deterra Bags Dist. (DOSK Kits) Deterra Bags Only	390	1073 285			1463 285
Medication Poundage Collected: Dade City PD Pasco Sherriff's Office Port Richey PD New Port Richey PD Zephyrhills PD DEA Takeback (2xs Year)	131.70   35.55	93			224.70   35.55
Narcan: Pasco Sherriff's Deloyments Successful (life saved) Unsuccessful (deceased)	46 4	33 3			79 7
DCF Collected Pasco Data Narcan Kits Distributed Successful Deployments (lives saved)	360 41				360 41
Narcan Kits handed out at ASAP Events	75				75
QR Code Scans Narcan Collaboration 34668 Resource Guide ASAP Website Stand PSA AIC Ad Campaign	169 19 2 12 2	194 8 0 3 0			363 27 2 15 2
Jason Daniel Hughes Memorial Scholarship Donations Total #		14			14

### Community Presentation and Townhalls Q2:

#### Community Wellness Events:

May 22, 2023: Cultural Competence Townhall, 39 attended  
 June 14, 2023: SEN Resource Fair, 65 attended  
 June 14, 2023: Townhall Opioid, 100 attended  
 January 21, 2023: STAND Summit, 85 attended

#### News/Traditional Media Appearances Q2:

News Channel 8 WFLA "Daytime" Segments - Thursday, April 27th and Tuesday, June 27th  
 News Channel 8 WFLA "Bloom" Segments - Tuesday, May 16th and Friday, July 7th (scheduled)  
 Great 38 WTTA "Todo" Segments - Monday, June 5th and Monday, June 19th





Powered by Alliance for Healthy Communities

# YOUTH COALITION



STAND in Pasco County #STANDUpPasco



stand\_up\_pasco



Stand\_up\_Pasco



StandupPasco

## STAND UPCOMING EVENTS:

**Thursday, July 6, 2023 - 5:30 to 7:00 pm:** West Pasco STAND Meeting at the New Port Richey Recreation Center (Oak Room), 6630 Van Buren Street, New Port Richey, FL 34653

**Thursday, July 20, 2023 - 5:30 to 6:30 pm:** East Pasco STAND Meeting at YES office, 15029 14th St, Dade City, FL 33523

**Tuesday, July 25, 2023 - 10:00 to 12 Noon:** STAND Panel at ASAP General Meeting at Pasco Hernando State College, 2727 Mansfield Boulevard, Wesley Chapel, FL 33543

**Thursday, August 3, 2023:** Calling All STAND! Back to School Event (location and time TBA)

**Thursday, September 7, 2023 - 5:30 to 7:00 pm:** West Pasco STAND Meeting at the New Port Richey Recreation Center (Oak Room), 6630 Van Buren Street, New Port Richey, FL 34653

**Thursday, September 21, 2023:** East Pasco STAND Meeting at YES office, 15029 14th St, Dade City, FL



Powered by Alliance for Healthy Communities

### STAND Mission

STAND Above the Influence is a youth led coalition that empowers youth to be agents of change by strengthening their voices and educating others to build a healthier community.

### STAND Vision

To inspire innovative communities that embrace the voices of youth to affect positive change in cultivating safe and healthy communities.

### Contact Information

STAND@empoweredcommunities.org  
7809 Massachusetts Ave.  
New Port Richey, Florida 34653  
www.empoweredcommunities.org

## West Pasco STAND Meeting

**1st Thursday of the Month  
5:30pm - 7:00pm  
At New Port Richey  
Recreation Center (Oak Room)  
6630 Van Buren Street  
New Port Richey, FL 34653**

## East Pasco STAND Meeting

**3rd Thursday of the Month  
5:30pm - 6:30pm  
At YES  
15029 14th Street  
Dade City, FL 33523**

**WANT TO START A STAND MEETING?  
Email: eve.hosley@baycare.org**

# STAND Summit

## Change Begins with Youth!

On June 21, 2023, the STAND youth coalition hosted their second annual leadership summit at the PHSC West Campus. This year, the STAND youth planned the entire day as well as ran the event from start to finish! The youth planning committee decided that they wanted the theme for this event to be a “teen survival guide,” so the summit was focused on how youth can survive the common pitfalls that they will encounter in their teen years through building resiliency and coping skills. Some of these pitfalls listed included relationships, fighting, vaping, inclusion, dating violence, social media, bullying, peer pressure, running away, substance use, skipping school, and mental health. In the morning, the youth listened to a presentation by event emcees Maddie and Liam, STAND President and Vice President. They spoke about what STAND is, what resiliency is, and how to become resilient. There was also an inspirational presentation by Meghna Manjith, a leader and co-founder of Teens Against

Trafficking in Pasco County. They partnered with The Pasco County Commission on Human Trafficking to create a series of PSAs for youth created by youth.

During lunch, the youth had time to take photos at the photo booth, talk to the vendors, and dance to music played by the DJ. In the afternoon, the youth did activities that taught them to look internally at their values, who supports them, what coping skills they possess, and what they would like to improve about themselves. They also did a craft activity that focused on teaching them to use their coping skills to reach their goals, hopes, and dreams.

Between all this, there were games and prizes for the youth to show what they learned that day. More than 60 youth attended the event and all seemed to enjoy the day! We look forward to hosting this event again next year and thank you to all our youth that came out, our sponsors, including PHSC, ASAP, and BayCare, the vendors, and the youth planning committee!



# STAND Summit

## Planning a Youth Summit

By Savannah McCallum, STAND Member

My experience planning the summit has been interesting and fun to plan as we become more excited for the date to come closer. Planning this event we get to get together and make our own decisions on how we think the summit will fit interests of others and ourselves instead of having to follow others regulations and strict guidelines. As long as the main idea of the summit was followed us youth were able to have freedom to decide in activities, speakers, and overall structure of this event, which has been nice to collaborate with others to put on a event we can all look forward to. We have had some disagreements and time wasted within discussing activities and topics we want to present but have had overall success in what we need to accomplish and I look forward towards the summit and I hope it goes as we have planned and runs smoothly.

