

Frequently Asked Questions

When is the MRT available?

MRT services are available 24/7 from a team of professionals and paraprofessionals, who are trained in crisis intervention skills to make sure that support and services are available when needed.

Will I be charged for the service?

No.

Does the MRT provide transportation?

The MRT will work to help an individual and their family arrange for transportation if necessary.

Who's on the team?

Licensed and masters-level counselors, board-certified child psychiatrists and peer specialists

How long will the MRT spend with me?

If face-to-face services are required, the response time will be within 60 minutes. On average, the MRT will spend three days and up to two weeks of crisis after-care and follow-up services.

Where are services provided?

The majority of services are field-based and provided within school or community settings, or at home. Clinic-based follow-up services may be scheduled for psychiatric evaluations, medication management, counseling, multidisciplinary staffing, etc.

What happens when the MRT is dispatched?

A member of the team will travel to the site of the crisis and:

- The MRT will work to help an individual and their family arrange for transportation if necessary.
- Complete screening, assessment and safety plan
- Consult with psychiatrist, if needed
- Connect with Peer Support, if needed
- Provide short-term crisis counseling
- Provide brief clinical intervention that addresses behavior and safety
- Assist with the coordination of follow-up services including up to 30 days of case management services if needed

For more information:
(727) 372-HELP (727-372-4357)
Available 24/7

BayCareBehavioralHealth.org

This program is provided in partnership with the Florida Department of Children and Families, the Central Florida Behavioral Health Network, Lutheran Services Florida, the Pasco County School Board, the Hernando County School Board, the Hernando County Sheriff's Office and the Pasco County Sheriff's Office.



Mobile Crisis Response Team





Who We Are

The Mobile Crisis Response Team (MRT) at BayCare Behavioral Health provides on-site mental health crisis intervention and management for individuals in Pasco County.

A mental health crisis can be a scary time for the person experiencing the crisis and their loved ones. Families may not know how to help or where to turn for professional support.

In a crisis, the Emergency Room is usually the best place to go. But, for someone having a mental health crisis, many Emergency Rooms are unprepared to handle and provide the appropriate level of treatment for individuals battling psychiatric issues. It often leads to frustration and long wait times while they work to bring in the necessary services and providers.

In these situations, the Mobile Crisis Response Teams at BayCare Behavioral Health have the experience and expertise to:

- Rapidly respond, accurately assess and provide effective early intervention for those in crisis
- Make clinical decisions concerning the person's immediate safety
- Assist those in crisis with navigating their entry into behavioral health care

Who We Serve

Any individual living in Pasco County

Counties We Serve

Pasco

Services We Provide

- Screening and assessment
- Phone consultation
- Safety planning
- Facilitate stabilization services
- Short-term crisis counseling
- System navigation
- Development of coping skills
- Linkage and follow up to services
- Peer support
- Psychiatric follow up
- Community education

When to Call 911

- If there's an immediate need for medical care
- If there's an immediate risk of attempting suicide
- If there's an immediate risk for aggression or violence or a crime has been committed

When to Call MRT

A crisis can display in a variety of ways. There's no one indicator but here are some signs to look for before calling the MRT:

- Unable to complete daily tasks
- Verbally saying, writing or insinuating they'll hurt themselves or others
- Withdrawing
- Experiencing impulsive, risk-taking, reckless or aggressive behaviors
- Dramatic shifts in mood, eating or sleeping
- Feeling of meaninglessness, hopelessness or no purpose in life
- Feeling a sense of entrapment or no way out
- Rage, uncontrollable anger, seeking revenge