

KNOWLEDGE IS POWER!



FREE VIRTUAL GROUP
WEDNESDAYS
FROM
1 – 2 PM

A VARIETY OF WEEKLY TOPICS

Nurse Moderated

**MINDFULNESS & SELF CARE
WATER SAFETY FOR CHILDREN
SAFE SLEEP**

**EDUCATION & RESOURCES
MONTHLY ROUND TABLE OF PROVIDERS**

Log-in Wednesdays at 1 p.m.

Zoom Meeting ID: 864 2883 2023

Passcode: 355593

Email: Missy.Coyle@Baycare.org

To request a list of topics, or ask a question

***“Knowledge is Power” is a
Nurse-Moderated Group
focused on Family Empowerment***

***Join for the education, stay to
Converse with a Nurse!***



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